

Junior Boys 100 metres

Round 1

Heat 1 (+1.5m/s)

1, Gerald Phiri (SYork), 11.19; 2, Richard Harrison (Nland), 11.50; 3, Danial Gibbons (Lor

Heat 2 (+2.4m/s)

1, Joshua Baxter (Berks), 11.31; 2, Alex Simm (London), 11.53; 3, Lewis McElwee (Cleve), 1

Heat 3 (+2.1m/s)

1, Danny Doyley (Surrey), 11.49; 2, Luis Cumbers (Essex), 11.50; 3, Alex Todd (Durham), 11

Heat 4 (+2.4m/s)

1, Andrew Raybould (WMid), 11.46; 2, Daniel Awolesi (London), 11.46; 3, Muhammed Ladan (Be

Round 2

Semi-final A (+2.1m/s)

1, Gerald Phiri (SYork), 11.09; 2, Danny Doyley (Surrey), 11.25; 3, Luis Cumbers (Essex),

Semi-final B (+3.7m/s)

1, Joshua Baxter (Berks), 11.20; 2, Andrew Raybould (WMid), 11.36; 3, Richard Harrison (Nl

Final

1, Gerald Phiri (SYork), 11.07;

2, Joshua Baxter (Berks), 11.16;

3, Danny Doyley (Surrey), 11.20;

4, Luis Cumbers (Essex), 11.29;

5, Andrew Raybould (WMid), 11.41;

6, Richard Harrison (Nland), 11.43;

7, Daniel Awolesi (London), 11.46;

8, Lewis McElwee (Cleve), 11.47;

Junior Boys 200 metres

Round 1

Heat 1 (+4.4m/s)

1, Chris Clarke (Bucks), 23.40; 2, Paul Dennis (Berks), 23.76; 3, Mitchell Swain (WMid), 2

Heat 2 (+1.8m/s)

1, Sean Taylor (Nhants), 23.24; 2, Kelvin Callender (Berks), 23.43; 3, Scott Blackwell (Ke

Heat 3 (+2.6m/s)

1, Ricardo Francis (SYork), 22.46; 2, Richard Batten (Essex), 23.11; 3, James Spencer (Cun

Final

(+2.1m/s)

1, Ricardo Francis (SYork), 22.71;

2, Sean Taylor (Nhants), 23.12;

3, Richard Batten (Essex), 23.20;

4, Kelvin Callender (Berks), 23.33;

5, Nicholas Choudhury (Herts), 23.46;

6, Chris Clarke (Bucks), 23.55;

7, James Spencer (Cumb), 23.59;

Junior Boys 400 metres

Round 1

Heat 1

1, Thomas Duffield (Lincs), 52.75; 2, Aaron Campbell (WMid), 53.10; 3, Charlie Gladden (Wa

Heat 2

1, Andrew Mapstone (Dorset), 53.62; 2, Mark Williams (Warks), 53.83; 3, Stephen Bannister

Heat 3

1, Robert Davis (WMid), 53.14; 2, William Hooton (Midd), 53.34; 3, Luke Smallwood (Kent),

Final

1, Thomas Duffield (Lincs), 51.08;

2, Robert Davis (WMid), 51.97;

3, William Hooton (Midd), 52.30;

4, Aaron Campbell (WMid), 52.32;

5, Luke Smallwood (Kent), 52.57;

6, Andrew Mapstone (Dorset), 52.72;

7, Mark Williams (Warks), 53.01;

8, Charlie Gladden (Warks), 54.13;

Junior Boys 800 metres

Round 1

Heat 1

1, Jordon West (Corn), 2:08.54; 2, Chris Knight (Avon), 2:09.28; 3, Josh Devey (H&Wor), 2:

Heat 2

1, Christopher Smith (Mersey), 2:06.21; 2, Craig McDonagh (Lincs), 2:06.71; 3, James Griff

Heat 3

1, Alastair Smith (NYork), 2:06.13; 2, Andrew Stanton (Durham), 2:06.96; 3, Christian Booth

Heat 4

1, Andrew Lagan (NYork), 2:07.31; 2, James Phillips (Kent), 2:07.71; 3, Damon Ellis (Durham)

Heat 5

1, Iain Dyson (WMid), 2:07.89; 2, Matthew Young (Bucks), 2:08.48; 3, Joshua Downing (Midd)

Round 2

Semi-final A

1, Jordon West (Corn), 2:06.23; 2, Alastair Smith (NYork), 2:06.88; 3, James Phillips (Kent)

Semi-final B

1, Christopher Smith (Mersey), 2:05.48; 2, Iain Dyson (WMid), 2:05.56; 3, Andrew Lagan (NYork)

Final

1, Jordon West (Corn), 1:56.15;
2, Christopher Smith (Mersey), 2:01.58;
3, Andrew Lagan (NYork), 2:02.20;
4, James Phillips (Kent), 2:03.15;
5, Iain Dyson (WMid), 2:03.59;
6, Alastair Smith (NYork), 2:04.06;
7, Andrew Stanton (Durham), 2:05.07;
8, Craig McDonagh (Lincs), 2:06.46;

Junior Boys 1500 metres

Round 1

Heat 1

1, Joshua Mulvany (Oxford), 4:16.48; 2, Gary Bradbury (Surrey), 4:18.02; 3, Gareth Allott

Heat 2

1, Ashley Reece (Essex), 4:17.44; 2, Sebastian Soar (Notts), 4:17.61; 3, Ross Millington

Final

1, Joshua Mulvany (Oxford), 4:15.16;
2, Gary Bradbury (Surrey), 4:15.22;
3, Gareth Allott (Staff), 4:16.40;
4, Sam Dalgleish (Glouc), 4:17.04;
5, Josh Bliss (Hamp), 4:19.48;
6, Ross Millington (Manch), 4:19.86;
7, Joe Tavener (Somer), 4:20.21;
8, Ashley Reece (Essex), 4:20.73;
9, Sebastian Soar (Notts), 4:21.07;
10, Alex Derricott (Staff), 4:25.78;

Junior Boys 80 metres Hurdles

Round 1

Heat 1 (+1.4m/s)

1, John Lamport (Notts), 11.45; 2, Christian Larsmon (Surrey), 11.67; 3, Will Eaton (Derby)

Heat 2 (+0.8m/s)

1, Matthew Beswick (Midd), 11.61; 2, Alex Al-Ameen (London), 11.77; 3, Joe Hetherington

Heat 3 (+1.7m/s)

1, Bradley Humphries (Somer), 11.70; 2, Nathan Phillips (London), 11.80; 3, Matthew Field

Final

(+1.7m/s)

1, John Lamport (Notts), 11.54;
2, Christian Larsmon (Surrey), 11.56;
3, Alex Al-Ameen (London), 11.61;
4, Will Eaton (Derby), 11.68;
5, Joe Hetherington (SYork), 11.79;
6, Bradley Humphries (Somer), 11.80;
7, Matthew Beswick (Midd), 11.82;
8, Nathan Phillips (London), 11.84;

Junior Boys 4x100 metres Relay

Round 1

Heat 1

1, Surrey (Surrey), 45.57; 2, Lincolnshire (Lincs), 47.04; 3, Northamptonshire (Nthants), 4

Heat 2

1, Kent (Kent), 47.06; 2, Warwickshire (Warks), ; 3, Cambridgeshire (Camb), ; 4, Hereford

Heat 3

1, West Midlands (WMid), 45.27; 2, London (London), 45.64; 3, Middlesex (Midd), 45.87; 4,

Final

1, London (London), 44.97;

2, Surrey (Surrey), 45.67;
3, West Midlands (WMid), 45.89;
4, Leicestershire & Rutland (Leics), 46.10;
5, Middlesex (Midd), 46.28;
6, Kent (Kent), 46.62;
7, Shropshire (Shrop), 46.73;
8, Lincolnshire (Lincs), ;

Junior Boys High Jump

Final

1, Darren Hammond (Manch), 1.87;
2, Greg Simey (Leics), 1.84;
3, James Dunne (Berks), 1.84;
4, Tom Mather (Derby), 1.81;
5, Luke Martin (Berks), 1.78;
6, Matthew Owens (Mersey), 1.75;
7, Tristan Hurst (Bucks), 1.72;
8, James Stokes (WMid), 1.72;
9, Nick Bantin (Norf), 1.72;
10, Toby Ulm (Wilts), 1.69;
11, Russell Bowers (NYork), 1.69;
=, Jason Green (Shrop), 1.69;
13, Daryl Sage (Kent), 1.69;
=, Adewunmi Akande (London), 1.69;
15, Kurt Toms (Notts), 1.64;
=, Dominic Boshier (Norf), 1.64;
17, Dean Readman (NYork), 1.64;
18, Anthony Massie (Nland), 1.59;

Junior Boys Long Jump

Round 1

Pool A

1, Luke Thomas (Midd), 6.50 (+1.5); 2, Ashley Harris (Surrey), 6.04 (+2.1); 3, Albert Kama

Pool B

1, Kevin Williams (Midd), 6.15 (+0.7); 2, Tawanda Mukusha (Surrey), 6.03 (+1.6); 3, Lucky

Final

1, Luke Thomas (Midd), 6.49 (+1.9);
2, Tawanda Mukusha (Surrey), 6.09 (+2.3);
3, Kevin Williams (Midd), 6.06 (+2.2);
4, Albert Kamara (Nland), 6.00 (+1.2);
5, Cameron Facey (Beds), 5.97 (+3.4);
6, Peter Rhodes (Cumb), 5.92 (+0.9);
7, David Bomani (Wilts), 5.75 (+2.2);
8, Lucky Garba (London), 5.70 (+2.7);
9, James Groocock (Hamp), 5.61 (+1.6);
10, Ashley Harris (Surrey), 5.48 (+1.7);
11, Chris Heron (Glouc), 5.39 (+2.2);
12, Jack Austin (Hamp), 5.31 (+2.6);

Junior Boys Triple Jump

Final

1, Sean Wynter (Midd), 13.28 (+2.0);
2, Leslie Thompson (Essex), 13.12 (+2.3);
3, Adeola Afolami (Berks), 13.07 (+3.4);
4, Joe Curtis (Warks), 12.97 (+3.5);
5, Paul Dingle (ChIs), 12.79 (+2.5);
6, Naveen Setty (Manch), 12.49 (+2.5);
7, Daniel Blackett (Nland), 12.35 (+2.4);
8, Andrew Fleetwood (Leics), 12.23 (+2.4);
9, Tom Poole (Beds), 12.15 (+0.8);
10, Dean Bowler (Derby), 12.11 (+3.1);
11, Eugene Entsir (Herts), 12.10 (+3.4);
12, Tomal Syed-Aguirre (Glouc), 12.05 (+1.7);
13, Ben Webster (NYork), 12.02 (+1.9);
14, Philip Anscombe (Dorset), 12.01 (+3.1);
15, Nicholas Wu (Berks), 11.73 (+1.6);
16, Matthew Calver (Dorset), 11.73 (+0.9);
17, Stephan Buijnsters (H&Wor), 11.72 (+1.7);

18, Tom Lamacraft (Somer), 11.54 (+2.9);
19, Reuben Robotham (London), 10.83 (+2.1);

Junior Boys Pole Vault

Final

1, Andrew Marsh (Staff), 3.30;
2, Michael Read (Essex), 3.10;
3, Chris Davies (Lancs), 3.10;
4, Lee Cordell (Herts), 3.10;
5, Stephen Walker (Berks), 3.00;
6, Charles Dickson (Essex), 2.85;
7, Ezekiel Rowe (Manch), 2.70;
8, Steven Lewis (Mersey), 2.70;

Junior Boys Shot

Final

1, Jay Thomas (London), 16.84;
2, Tristan Davison (Essex), 13.99;
3, Damiola Onajide (Midd), 13.69;
4, Jordan Murray (Sussex), 13.57;
5, James Chapman (Midd), 13.42;
6, Aiden Newby (Warks), 13.21;
7, Daniel Tinkler (Camb), 12.90;
8, Gareth Betteridge (Glouc), 12.87;
9, Benjamin Lamb (Berks), 12.79;
10, Louis Hamson (Hamp), 12.52;
11, Adam Hare (Notts), 12.44;
12, Luke Miller (Essex), 12.42;
13, Stefan Pfefferle-Parker (Berks), 12.31;
14, Stefan Gilding (Norf), 12.25;
15, Chris Clemmow (Kent), 12.16;
16, Adam Gascoigne (Somer), 12.10;
17, Kyle Dillaway (Lincs), 11.78;
18, Marcus Holness (Manch), 11.41;
19, Ed Dabney (Bucks), 10.71;

Junior Boys Discus

Final

1, Matthew Townsend (Berks), 46.57;
2, Elliott Price (Staff), 45.38;
3, Marcus Higgins (WMid), 44.76;
4, Paul Gamester (Herts), 43.06;
5, Iain Crombie (Devon), 42.31;
6, Jamie Stevenson (ChIs), 40.22;
7, Alex Emmerson (Chesh), 38.92;
8, David Hood (Humb), 37.79;
9, Stuart Smith (Lincs), 35.42;
10, Zine Voza (Nland), 33.84;
11, Liam Presnell (Kent), 30.82;
12, Matthew Lamming (Mersey), 27.28;

Junior Boys Javelin

Final

1, Sam Allan (WYork), 54.65;
2, Alex Shepherd (Staff), 53.24;
3, Jonathan Bell (Camb), 47.13;
4, Luke Sings (Devon), 45.24;
5, Jacob Lewis (Hamp), 43.15;
6, Iain Brown (Hamp), 41.90;
7, Nick Smith (Lancs), 41.21;
8, Dennis Tuffour (Midd), 40.84;
9, Karl Sheldrake (Beds), 40.74;
10, Robert Myerson (Midd), 39.79;
11, Matthew Elder (Chesh), 39.20;
12, Jamie Lindsay (Essex), 39.01;
13, Michael Tucker (Berks), 38.30;
14, James Finucane (NYork), 32.92;

Junior Boys Hammer

Final

1, James Bedford (Humb), 48.30;
2, Jamaro Nooks (Midd), 44.83;
3, Joe Gilman (Kent), 43.42;
4, Sam Coe (Norf), 41.99;
5, Daniel Chapman (Essex), 41.49;
6, Edward Bowie (Nhants), 40.85;
7, Orrieso Agbareh (Midd), 40.82;
8, Luke Adekoya (Surrey), 40.56;
9, Oliver Whiteside (Nhants), 36.22;
10, Richard Al-Ameen (London), 35.61;
11, Alex Fotheringham (Chesh), 33.36;
12, Martin Klucniks (Oxford), 32.77;
13, Philip Barnard (Norf), 32.38;
14, Ryan Helliard (Somer), 31.98;
15, Dean Barratt (Nland), 31.56;

Inter Boys 100 metres

Round 1

Heat 1 (+2.1m/s)

1, Rion Pierre (Midd), 10.91; 2, David Thomas (Lincs), 11.05; 3, James Davies (Surrey), 11.10

Heat 2 (+3.2m/s)

1, Alex Nelson (Staff), 10.63; 2, Rikki Storey (WMid), 11.23; 3, James Sinclair (Nland), 11.28

Heat 3 (+2.5m/s)

1, Paul Crawford (Midd), 10.89; 2, Ryan Scott (Avon), 10.93; 3, Franck N'Goran (Essex), 10.99

Heat 4 (+3.3m/s)

1, Harry Aikines-Aryeetey (Surrey), 10.91; 2, Martin Chomanicz (Staff), 10.99; 3, Gavin Comber (Kent), 11.13

Round 2

Semi-final A (+2.3m/s)

1, Alex Nelson (Staff), 10.75; 2, Rion Pierre (Midd), 10.88; 3, Ryan Scott (Avon), 11.06;

Semi-final B (+0.9m/s)

1, Harry Aikines-Aryeetey (Surrey), 10.89; 2, Martin Chomanicz (Staff), 11.01; 3, Franck N'Goran (Essex), 10.99

Final

(+0.8m/s)

1, Alex Nelson (Staff), 10.63;
2, Rion Pierre (Midd), 10.75;
3, Harry Aikines-Aryeetey (Surrey), 10.83;
4, Martin Chomanicz (Staff), 10.91;
5, Paul Crawford (Midd), 10.99;
6, Franck N'Goran (Essex), 10.99;
7, Ryan Scott (Avon), 11.07;
8, Gavin Comber (Kent), 11.13;

Inter Boys 200 metres

Round 1

Heat 1 (+3.2m/s)

1, Wade Bennett-Jackson (Sussex), 21.61; 2, Gary Atkinson (Manch), 22.09; 3, Christian Lee (Lincs), 22.28

Heat 2 (+2.6m/s)

1, Julian Thomas (WMid), 21.77; 2, Marimba Odundo-Mendez (Hamp), 21.95; 3, Daniel Fagan (H&Wor), 22.42

Heat 3 (+1.6m/s)

1, Dean Daniel (Cleve), 21.44; 2, James Digby (Norf), 22.32; 3, Jason Hussain (Sussex), 22.42

Final

(+2.0m/s)

1, Julian Thomas (WMid), 21.54;
2, Wade Bennett-Jackson (Sussex), 21.66;
3, Dean Daniel (Cleve), 21.82;
4, James Digby (Norf), 22.21;
5, Christian Lee (Lincs), 22.28;
6, Gary Atkinson (Manch), 22.30;
7, Daniel Fagan (H&Wor), 22.42;

Inter Boys 400 metres

Round 1

Heat 1

1, Arran Topham (Lancs), 51.19; 2, Tom Hockedy (Somer), 51.91; 3, Tashon Gallagher (Manch), 51.91

Heat 2

1, Ryan Thomas (Surrey), 50.98; 2, Tyrone Crow (NYork), 51.55; 3, Brad Stimson (Lincs), 51.55

Heat 3

1, Richard Buck (NYork), 49.53; 2, Gavin Selway (Sussex), 50.67; 3, Robin McCorquodale (Midd)

Heat 4

1, Set Osho (Sussex), 49.68; 2, Aaron Teall (Oxford), 50.09; 3, Daniel Gregory (Chesh), 50.46

Heat 5

1, Moyo Sankofa (London), 51.04; 2, Thomas Gore (Oxford), 51.25; 3, Leo Beckford (Hamp), 51.46

Heat 6

1, Arran Arbuckle (Chesh), 50.22; 2, Adam Shaw (Essex), 50.51; 3, Ben Walpole (Nland), 50.78

Round 2

Heat 1

1, Richard Buck (NYork), 49.35; 2, Gavin Selway (Sussex), 50.25; 3, Brent Starkie (Lancs), 50.46

Heat 2

1, Set Osho (Sussex), 49.58; 2, Arran Topham (Lancs), 50.34; 3, Robin McCorquodale (Midd), 50.46

Heat 3

1, Ryan Thomas (Surrey), 49.54; 2, Moyo Sankofa (London), 50.65; 3, Aaron Teall (Oxford), 50.78

Final

1, Richard Buck (NYork), 48.11;

2, Ryan Thomas (Surrey), 48.78;

3, Moyo Sankofa (London), 49.52;

4, Arran Topham (Lancs), 49.83;

5, Gavin Selway (Sussex), 49.93;

6, Tyrone Crow (NYork), 49.98;

7, Robin McCorquodale (Midd), 50.46;

8, Set Osho (Sussex), disq;

Inter Boys 800 metres

Round 1

Heat 1

1, Grant Baker (Leics), 1:59.69; 2, Stephen Wibberley (Manch), 2:00.34; 3, Alan Piggford (Midd), 2:01.13

Heat 2

1, Abdi Igi (Manch), 2:02.88; 2, Richard Larsen (Berks), 2:03.08; 3, Sam Bradley (Bucks), 2:03.86

Heat 3

1, Gary Bristow (Manch), 2:01.13; 2, Myles Barrett (Staff), 2:02.00; 3, Ben Craddock (WYor), 2:02.88

Heat 4

1, James Brewer (Glouc), 1:59.92; 2, Ben Harding (Hamp), 2:00.18; 3, Martyn Rooney (Surrey), 2:00.34

Heat 5

1, Jon Long (Essex), 1:58.98; 2, Tom Marley (Devon), 1:59.22; 3, Matthew Wood (Lancs), 1:59.42

Round 2

Semi-final A

1, Jon Long (Essex), 2:00.06; 2, Ben Harding (Hamp), 2:00.32; 3, James Brewer (Glouc), 2:00.34

Semi-final B

1, Grant Baker (Leics), 1:59.58; 2, Gary Bristow (Manch), 1:59.88; 3, Stephen Wibberley (Midd), 2:00.34

Final

1, Grant Baker (Leics), 1:52.96;

2, Ben Harding (Hamp), 1:53.86;

3, Jon Long (Essex), 1:54.42;

4, James Brewer (Glouc), 1:55.08;

5, Gary Bristow (Manch), 1:56.73;

6, Tom Druce (ChIs), 1:57.84;

7, Abdi Igi (Manch), 1:58.45;

8, Stephen Wibberley (Manch), 2:02.00;

Inter Boys 1500 metres

Round 1

Heat 1

1, Alex Felce (Glouc), 4:11.24; 2, Richard Newton (Lancs), 4:11.36; 3, Laurence Cox (Hamp), 4:11.36

Heat 2

1, Tim Haughian (Midd), 4:06.66; 2, Martin Mashford (Surrey), 4:07.37; 3, Mark Burgess (Essex), 4:07.37

Final

1, Richard Newton (Lancs), 4:04.83;

2, Tim Haughian (Midd), 4:05.40;

3, Alex Felce (Glouc), 4:06.48;

4, Laurence Cox (Hamp), 4:07.98;

5, Mark Burgess (Essex), 4:08.18;

6, Lewis Timmins (Nland), 4:08.53;

7, Jacob McCulloch (Berks), 4:08.82;

8, Martin Mashford (Surrey), 4:09.18;

9, Tom Bilham (Sussex), 4:09.52;

10, Matthew Addison (H&Wor), 4:10.77;

Inter Boys 3000 metres

Final

1, James Philipson (Manch), 8:35.31;
2, Rory Fraser (Leics), 8:38.37;
3, Kelvin Hardy (Suff), 8:39.93;
4, David Bishop (Wilts), 8:45.62;
5, Adam Hickey (Essex), 8:47.15;
6, Robert Collins (WMid), 8:47.53;
7, Sean Hogan (Dorset), 8:51.82;
8, Mark Bailey (Essex), 8:52.56;
9, Terry Stanley (Beds), 9:01.43;
10, Richard Taylor (Bucks), 9:03.40;
11, Ben Wilson (Surrey), 9:06.84;
12, Jonathan Davies (WMid), 9:09.77;
13, Tom Russell (Glouc), 9:15.31;
14, Matthew Lomax (Durham), 9:17.06;
15, Ben Rusius (NYork), 9:25.27;
16, Jamie Shaw (Suff), 9:55.27;

Inter Boys 100 metres Hurdles

Round 1

Heat 1 (+2.3m/s)

1, Ricky Alexis-Smith (Surrey), 13.35; 2, Robert James (WMid), 13.59; 3, Richard Hansard (Herts), 13.66;

Heat 2 (+2.4m/s)

1, Craig France (Chesh), 13.07; 2, Glenn Etherington (Devon), 13.59; 3, David Lucas (Kent), 13.66;

Heat 3 (+3.0m/s)

1, Daniel Davis (Surrey), 13.38; 2, Tom Stimson (Lincs), 13.57; 3, Joe Tenny (Herts), 13.66;

Final

(+2.4m/s)

1, Craig France (Chesh), 13.00;
2, Daniel Davis (Surrey), 13.19;
3, Joe Tenny (Herts), 13.36;
4, Richard Hansard (Herts), 13.52;
5, Glenn Etherington (Devon), 13.54;
6, Ricky Alexis-Smith (Surrey), 13.71;
7, Robert James (WMid), 13.81;

Inter Boys 400 metres Hurdles

Round 1

Heat 1

1, Daniel Pope (Durham), 56.17; 2, Iwan Pepperell (H&Wor), 56.51; 3, Pardeep Bains (Warks), 56.99;

Heat 2

1, Edward Harrison (Kent), 54.83; 2, Lewis Robson (Durham), 54.90; 3, Andrew Tippet (Oxford), 55.12;

Heat 3

1, Craig Crawford-Glanville (Durham), 54.72; 2, Kieran Flannery (Nland), 56.99; 3, Joe Gray (Hants), 57.50;

Final

1, Craig Crawford-Glanville (Durham), 53.68;
2, Edward Harrison (Kent), 54.02;
3, Lewis Robson (Durham), 54.34;
4, Kieran Flannery (Nland), 54.52;
5, Andrew Tippet (Oxford), 55.12;
6, Antoine Allen (Nhants), 55.81;
7, Iwan Pepperell (H&Wor), 56.42;
8, Daniel Pope (Durham), 57.50;

Inter Boys 1500 metres Steeplechase

Final

1, Daniel Russell (Midd), 4:17.15;
2, Adrian Holliday (Cumb), 4:22.16;
3, Enrique Melin (Essex), 4:24.93;
4, Daniel Quinn (Essex), 4:26.95;
5, Joe Holden (WMid), 4:28.66;
6, William Armstrong (Midd), 4:29.08;
7, Ashleigh Pain (Shrop), 4:30.48;
8, Steve Evans (Avon), 4:33.34;
9, Steven Cannell (Norf), 4:37.69;

10, Stephen Lisgo (Notts), 4:38.18;
11, David Marteau (Mersey), 4:42.78;
12, David Marsh (Manch), 4:45.36;
13, Carl Williams (Mersey), 4:46.61;
14, Matthew Carey (Midd), 4:49.68;
15, Aaron Davies (Dorset), 4:51.53;

Inter Boys 4x100 metres Relay

Round 1

Heat 1

1, Hampshire (Hamp), 43.44; 2, West Midlands (WMid), 43.49; 3, Humberside (Humb), 44.47; 4,

Heat 2

1, Surrey (Surrey), 43.91; 2, Nottinghamshire (Notts), 44.65; 3, Derbyshire (Derby), 44.85

Heat 3

1, Essex (Essex), 43.06; 2, Sussex (Sussex), 44.57; 3, Oxfordshire (Oxford), 45.22; 4, Nor

Heat 4

1, Middlesex (Midd), 42.83; 2, Lincolnshire (Lincs), 43.28; 3, Kent (Kent), 43.38; 4, Nort

Heat 5

1, Leicestershire & Rutland (Leics), 44.09; 2, Devon (Devon), 44.63; 3, South Yorkshire (S

Final

1, Essex (Essex), 42.55;
2, Middlesex (Midd), 42.81;
3, Surrey (Surrey), 43.08;
4, West Midlands (WMid), 43.09;
5, Kent (Kent), 43.24;
6, Leicestershire & Rutland (Leics), 43.92;
7, Hampshire (Hamp), 44.10;
8, Lincolnshire (Lincs), 44.10;

Inter Boys High Jump

Final

1, Nick Stanisavljevic (Surrey), 2.05;
2, Tim Maitland (Midd), 1.99;
3, Tim Payne (WMid), 1.93;
4, David Cole (Surrey), 1.93;
=, Francis Baker (Norf), 1.93;
6, Ash Phillips (H&Wor), 1.90;
7, Jamaine Pitterson (WMid), 1.90;
8, Lee Pursglove (Lancs), 1.87;
9, Richard Clark (Berks), 1.82;
10, Harry Treble (Devon), 1.82;
11, Kyle Hargreaves (SYork), 1.82;
=, Steven Ridgeway (Shrop), 1.82;
13, Roger Ashman (Camb), 1.77;
14, Wayne Taylor (Humb), 1.77;

Inter Boys Long Jump

Final

1, Oliver McNeillis (H&Wor), 7.13 (+4.3);
2, Andrew Staniland (WYork), 7.08 (+2.2);
3, Deonte Green (Suff), 6.88 (+4.2);
4, Greg Rutherford (Bucks), 6.84 (+2.4);
5, Darryl Thomas (Midd), 6.77 (+3.2);
6, Andrew Holmes (Norf), 6.76 (+4.3);
7, Danny Harris (Devon), 6.69 (+4.9);
8, Marvin Shodunke (Essex), 6.57 (+4.2);
9, Grant Batten (Devon), 6.53 (+2.6);
10, Elliot Wright (Warks), 6.45 (+2.8);
11, Ian Davey (Avon), 6.36 (+0.7);
12, Kyle Griffith (London), 6.24 (+1.8);
13, Lanre Ali-Balogun (London), 6.17 (+4.7);
14, Robert Wallace (Kent), 6.12 (+3.5);
15, Chris Clayton (NYork), 6.11 (+2.7);
16, Mark Fletcher (Lancs), 4.90 (+3.3);

Inter Boys Triple Jump

Final

1, Philip Jarrett (SYork), 13.84 (+2.9);

- 2, Mike Okoigun (Midd), 13.76 (+1.8);
- 3, Joe Evling-White (Lincs), 13.75 (+4.4);
- 4, Warren Tshuma (Essex), 13.73 (+3.0);
- 5, Dexter Nicols (London), 13.72 (+1.0);
- 6, Jeavon Nicely (WMid), 13.69 (+2.9);
- 7, Jeremy Odametey (London), 13.63 (+2.5);
- 8, Christopher Jefferson (Durham), 13.56 (+3.6);
- 9, Jak Field (Devon), 13.46 (+2.9);
- 10, Shaun Batt (Herts), 13.42 (+3.7);
- 11, Tyronne Carter (Essex), 13.31 (+4.3);
- 12, Leon Ottley Gooch (Suff), 13.29 (+1.8);
- 13, Sam Betts (Notts), 13.20 (+2.2);
- 14, Matthew Burton (London), 13.19 (+1.8);
- 15, Ike Mba (Surrey), 13.12 (+3.3);
- 16, Andrew Prince (Derby), 13.10 (+3.7);
- 17, Oliver Macrow (Leics), 13.10 (+2.4);
- 18, Oliver Briggs (Surrey), 13.10 (+2.4);
- 19, Mitchell Rhodes (WYork), 12.99 (+2.7);
- 20, Joe Dyson (Derby), 12.93 (+2.9);
- 21, Joe Harper (Kent), 12.87 (+3.9);

Inter Boys Pole Vault

Final

- 1, Alex Williams (Staff), 4.15;
- 2, Gareth Lapsins (Lancs), 4.05;
- 3, Simon Gower (H&Wor), 3.95;
- 4, Joe Ive (Surrey), 3.80;
- =, Luke Cutts (SYork), 3.80;
- =, Carl Titman (Lincs), 3.80;
- 7, Ryan Cornell (Hamp), 3.80;
- 8, Tom Davies (Shrop), 3.65;

Inter Boys Shot

Final

- 1, Daniel Hepplewhite (Dorset), 15.38;
- 2, William Lowndes (Chesh), 15.37;
- 3, Richard Parker (Staff), 14.45;
- 4, Toby Hunt (Bucks), 14.41;
- 5, Brendan Hall (Staff), 13.89;
- 6, Joel Capper (Beds), 13.71;
- 7, Jamie Williamson (SYork), 13.43;
- 8, Ian Tucker (Corn), 13.21;

Inter Boys Discus

Final

- 1, Gavin Hill (Cleve), 52.50;
- 2, Dave Attwood (Avon), 49.08;
- 3, Nnamdi Efobi (Midd), 43.49;
- 4, Tom Toal (Leics), 43.25;
- 5, Nick Webb (Surrey), 42.88;
- 6, Kieran McConnell (Bucks), 42.59;
- 7, Alex Smith (Devon), 41.72;
- 8, Jason Wade (Lancs), 41.04;
- 9, Mark Wearing (Derby), 39.11;
- 10, Neil Shanks (Derby), 37.77;
- 11, James Hyland (Nhants), 37.67;
- 12, Paul Simpson (Cumb), 37.49;
- 13, Karl Fitzgerald (Humb), 33.25;

Inter Boys Javelin

Round 1

Pool A

1, James Campbell (Glouc), 57.14; 2, Tyson Johnson (WMid), 56.52; 3, Ben Martin (Devon), 5

Pool B

1, Stuart Harvey (Kent), 55.59; 2, Adam Akehurst (Hamp), 52.30; 3, Sean Leckenby (NYork),

Final

- 1, Tyson Johnson (WMid), 61.72;
- 2, James Campbell (Glouc), 58.58;

3, Stuart Harvey (Kent), 57.97;
4, Adam Akehurst (Hamp), 57.15;
5, Paul McKown (Mersey), 52.22;
6, Ben Martin (Devon), 52.15;
7, Daniel Brunsden (Dorset), 52.06;
8, Nic Childs (Herts), 50.12;
9, Sean Leckenby (NYork), 48.77;
10, Adam Sharp (Devon), 46.95;
11, Chris Whelpdale (Essex), 46.31;
12, Joe Waller (Sussex), 44.47;

Inter Boys Hammer

Final

1, Alex Smith (Humb), 65.91;
2, Amir Williamson (Kent), 60.58;
3, Matthew Lambley (Notts), 56.70;
4, Mike Bomba (Mersey), 55.85;
5, Jamie Earle (Essex), 55.18;
6, Sean Lewis (Staff), 54.89;
7, Nick Harding (Sussex), 54.51;
8, Scott McKevitt (Camb), 49.80;
9, Daniel Barton-Smith (Hamp), 49.48;
10, Oliver Greenslade (Somer), 49.08;
11, Alistair Tawanaee (Kent), 48.71;
12, Alex Hitchens (Corn), 48.58;
13, Joe Connor (Mersey), 47.96;
14, Christopher Berry (Notts), 44.34;

Senior Boys 100 metres

Round 1

Heat 1 (+1.7m/s)

1, Somto Eruchie (Leics), 10.71; 2, Jamie McNeil (WMid), 10.74; 3, Danny Topliss (Lincs),

Heat 2 (+1.8m/s)

1, Stuart Barnes (H&Wor), 10.83; 2, Anthony Lovell (Essex), 10.85; 3, Alan Selby (Nland),

Heat 3 (+1.7m/s)

1, Kelechi Eseonu (Nland), 10.86; 2, Lloyd Rice (Avon), 10.88; 3, Daniel Whittaker (Lancs)

Final

(+2.3m/s)

1, Jamie McNeil (WMid), 10.61;
2, Stuart Barnes (H&Wor), 10.74;
3, Danny Topliss (Lincs), 10.77;
4, Somto Eruchie (Leics), 10.81;
5, Anthony Lovell (Essex), 10.83;
6, Lloyd Rice (Avon), 10.92;
7, Kelechi Eseonu (Nland), 10.93;
8, Daniel Whittaker (Lancs), 11.08;

Senior Boys 200 metres

Round 1

Heat 1 (+2.4m/s)

1, James Ellington (London), 21.50; 2, Paul Judson (Notts), 21.73; 3, Ben Hamblin (Norf),

Heat 2 (+4.3m/s)

1, Alex Williams (WMid), 21.31; 2, Danial Coussins (Avon), 21.56; 3, Simon Farendon (Derby)

Final

(+1.2m/s)

1, James Ellington (London), 21.08;
2, Alex Williams (WMid), 21.46;
3, Paul Judson (Notts), 21.56;
4, Danial Coussins (Avon), 21.59;
5, Simon Farendon (Derby), 21.60;
6, Ben Hamblin (Norf), 22.09;
7, Lawrence Mensah (London), 22.32;
8, Jamie Gill (Staff), 22.42;

Senior Boys 400 metres

Round 1

Heat 1

1, Richard Sheeran (Chesh), 50.5 ; 2, Michael Williams (Hamp), 50.6 ; 3, Rick Yates (Manch)

Heat 2

1, Simon Toye (Essex), 49.8 ; 2, Michael Coupland (Derby), 50.3 ; 3, Richard Parry (WMid),
Final

1, Simon Toye (Essex), 47.85;
2, Michael Coupland (Derby), 49.05;
3, Richard Parry (WMid), 49.19;
4, Richard Sheeran (Chesh), 49.51;
5, Stephen Gill (Cleve), 49.88;
6, Rick Yates (Manch), 49.95;
7, Michael Williams (Hamp), 49.97;
8, Ian Allerton (Kent), 50.33;

Senior Boys 800 metres

Round 1

Heat 1

1, Ben Green (Chesh), 1:56.64; 2, Drew Graham (Nland), 1:56.76; 3, Stuart Moreland (Mersey

Heat 2

1, Chris Reynolds (Essex), 1:54.56; 2, Darren St Clair (Midd), 1:55.11; 3, Alex Budd (Hamp

Heat 3

1, Ben Wiffen (Kent), 1:55.76; 2, David Procter (Manch), 1:56.30; 3, Matthew Warley (H&Wor

Final

1, Chris Reynolds (Essex), 1:49.51;
2, Ben Wiffen (Kent), 1:52.39;
3, David Procter (Manch), 1:53.28;
4, Darren St Clair (Midd), 1:54.30;
5, Drew Graham (Nland), 1:55.53;
6, Matthew Warley (H&Wor), 1:55.90;
7, Ben Green (Chesh), 1:55.93;
8, Alex Budd (Hamp), 2:06.78;

Senior Boys 1500 metres

Round 1

Heat 1

1, Tom Lancashire (Manch), 4:00.68; 2, Kirk Wilson (Nland), 4:01.20; 3, Lee Bowron (Midd),

Heat 2

1, Alex Hodgkinson (Herts), 4:02.22; 2, Gary Davenport (Avon), 4:02.33; 3, Jonathan Blackl

Final

1, Tom Lancashire (Manch), 3:47.78;
2, Alex Hodgkinson (Herts), 3:51.63;
3, Kirk Wilson (Nland), 3:53.41;
4, Jonathan Blackledge (Hamp), 3:53.46;
5, Gary Davenport (Avon), 3:56.48;
6, Lee Bowron (Midd), 3:56.61;
7, Oliver Holden (WMid), 4:00.44;
8, Andrew Whetstone (Beds), 4:01.67;
9, Paul Erwood (Bucks), 4:03.52;
10, Stephen Pogue (Cleve), 4:04.63;

Senior Boys 3000 metres

Final

1, Christopher Parr (Durham), 8:20.52;
2, Ryan McLeod (Nland), 8:22.90;
3, Tom Humphries (Staff), 8:29.15;
4, Lewis Cadman (Beds), 8:30.08;
5, Mathew Ashton (Oxford), 8:30.14;
6, Jem Scragg (Wilts), 8:31.22;
7, Matthew Barnes-Smith (Suff), 8:34.06;
8, Sam Jacobs (Suff), 8:38.45;
9, Christopher Lamb (Durham), 8:41.52;
10, Craig Ivey (Sussex), 8:43.59;
11, Ben Jones (Mersey), 8:44.58;
12, Paul Hutton (Nland), 8:45.32;
13, Tommy Davies (Hamp), 8:46.57;
14, David Awde (Avon), 8:47.36;

Senior Boys 110 metres Hurdles

Round 1

Heat 1 (+3.4m/s)

1, Nick Gayle (Staff), 14.51; 2, Edward Dunford (Warks), 14.66; 3, Ryan McNamara (Beds), 14.66;
Heat 2 (+2.3m/s)

1, William Sharman (Nhants), 14.23; 2, Robert Henry (Humb), 14.26; 3, Michael Dyer (Berks)
Final
(+1.8m/s)

1, Robert Henry (Humb), 14.02;
2, William Sharman (Nhants), 14.04;
3, Edward Dunford (Warks), 14.21;
4, Nick Gayle (Staff), 14.25;
5, Callum McKay (Hamp), 14.55;
6, Michael Dyer (Berks), 14.65;
7, Suote Nyananyo (Cleve), 14.67;
8, Ryan McNamara (Beds), 21.67;

Senior Boys 400 metres Hurdles

Round 1

Heat 1

1, Darren Lewis (WMid), 55.85; 2, Gareth Wiltshire (Wilts), 56.77; 3, Ben Carne (Midd), 56.77;
Heat 2

1, Richard Davenport (Glouc), 54.44; 2, Adam Draycott (Derby), 57.73; 3, Adam Fell (WYork)
Final

1, Richard Davenport (Glouc), 52.35;
2, Darren Lewis (WMid), 54.68;
3, Gareth Wiltshire (Wilts), 55.41;
4, Ben Carne (Midd), 56.25;
5, Shaun Mulligan (Kent), 56.70;
6, Tim Wallis (Avon), 56.89;
7, Adam Draycott (Derby), 56.98;
8, Adam Fell (WYork), 57.01;

Senior Boys 2000 metres Steeplechase

Final

1, Mark Buckingham (WYork), 5:54.16;
2, Luke Gunn (Derby), 5:55.81;
3, Christopher Hart (Lancs), 6:01.90;
4, Dean Lacy (London), 6:06.61;
5, Tom Russell (Corn), 6:08.22;
6, Louis Hubbard (Norf), 6:08.68;
7, Gavin Smith (Hamp), 6:15.59;
8, Jason Hall (Lincs), 6:18.76;
9, Paul Simmer (WMid), 6:19.89;
10, Alex Haynes (Nland), 6:34.56;
11, Gary Taylor (Berks), ;

Senior Boys 4x100 metres Relay

Round 1

Heat 1

Heat 2

Final

1, Warwickshire (Warks), 42.64;
2, Essex (Essex), 42.82;
3, Avon (Avon), 43.35;
4, Cleveland (Cleve), 43.45;
5, Bedfordshire & Luton (Beds), 44.27;
6, Staffordshire (Staff), 44.41;
7, Cheshire (Chesh), ;
8, West Midlands (WMid), disq;

Senior Boys High Jump

Final

1, Kevin Sempers (Humb), 2.07;
2, Oliver Sweeney (Herts), 2.01;
3, Okiem Warman (Avon), 2.01;
4, Michael Whitehouse (Surrey), 2.01;
5, Adam Scarr (Herts), 2.01;
6, Adam Gallie (Derby), 1.98;

7, Emeka Maddy (Surrey), 1.95;
8, Craig Baker (Sussex), 1.95;
9, Daniel Macdonald (Dorset), 1.90;
10, Daniel Burns (Nland), 1.90;
11, Henry Butt (Norf), 1.90;

Senior Boys Long Jump

Final

1, Chris Kirk (WYork), 7.57;
2, Phil Greenland (Surrey), 7.36;
3, Ryan James (Warks), 7.19;
4, J.J. Jegede (Essex), 7.09;
5, Jermaine Bernard (Suff), 7.09;
6, Steven Small (Dorset), 6.92;
7, David Hughes (Beds), 6.88;
8, Elliot O'Neill (Chesh), 6.86;
9, Joey Addai-Poku (Midd), 6.71;
10, Matt Barclay (Sussex), 6.64;
11, Lucien Williams (Notts), 6.63;
12, Will Fleckney (Beds), 6.51;
13, John Ackerley (Suff), 6.49;
14, Ezekiel Ewulo (London), 6.36;

Senior Boys Triple Jump

Final

1, Gary White (Warks), 14.93 (+1.7);
2, Enyioma Anomelechi (Surrey), 14.84 (+2.9);
3, Graham Jackson (Durham), 14.72 (+4.0);
4, Tom Brownlee (Warks), 14.43 (+2.9);
5, Graeme Matthews (Mersey), 14.27 (+2.0);
6, Christian Campbell (Midd), 14.24 (+2.0);
7, Anthony Mattis (Avon), 14.23 (+2.0);
8, Ollie Moseley (Surrey), 14.08 (+2.9);
9, Daniel Stockdale (Manch), 14.07 (+1.5);
10, Adam Chandley (Mersey), 13.84 (+2.0);
11, Andrew Bell (Bucks), 13.82 (+3.4);
12, Matthew Green (SYork), 13.82 (+1.8);

Senior Boys Pole Vault

Final

1, Chris Tremayne (Staff), 4.90;
2, Laurence Steele (Lancs), 4.35;
3, Kit Branch (Essex), 4.35;
4, Iain Dodsworth (Durham), 4.35;

Senior Boys Shot

Final

1, Kieran Kelly (Wilts), 15.64;
2, Kyle Stevens (Surrey), 14.84;
3, Jake Babb (Avon), 14.49;
4, Andre Davis (Essex), 14.34;
5, Craig Sturrock (Durham), 14.32;
6, Ben Lawrence (Staff), 14.26;
7, Glynn Hoosen-Owen (Mersey), 13.27;
8, Richard May (SYork), 13.20;
9, Andrew Bennett (Hamp), 12.67;
10, David Bulley (Mersey), 12.50;
11, Alex Shorrocks (Lancs), 12.38;

Senior Boys Discus

Final

1, Simon Cooke (Sussex), 51.23;
2, Josh Palmer (Nhants), 47.06;
3, Bobby Lockwood (London), 46.95;
4, Leslie Richards (Cleve), 46.57;
5, Paris Norriss (Somer), 46.34;
6, Chris Horne (Devon), 45.33;
7, David Coleman (Kent), 44.68;

8, Steven Marlow (Midd), 43.91;
9, Simon Bulley (Mersey), 41.80;
10, Paul Bilenkyj (Devon), 40.06;
11, Samuel Clague (Somer), 38.97;
12, Lewis Williamson (WYork), 38.95;
13, James Bergl (Warks), 38.26;

Senior Boys Javelin

Final

1, Lee Doran (Cumb), 61.15;
2, Martin Travis (Avon), 60.38;
3, Allandre Johnson (Midd), 56.68;
4, Christopher Eden (Notts), 56.24;
5, Sam Kelvey (Notts), 55.41;
6, Andrew Ormesher (Lancs), 53.94;
7, Robert Simmonds (Norf), 49.94;
8, Mark Wyss (Glouc), 46.35;

Senior Boys Hammer

Final

1, Karim Chester (Kent), 62.95;
2, James Forde (WMid), 55.96;
3, Jason Joseph (Midd), 53.17;
4, Robert Mungham (Berks), 52.45;
5, Andrew Smith (Cleve), 51.55;
6, Phil Collings (Somer), 48.38;
7, James Smith (WMid), 47.63;
8, Laurence Harwood (Hamp), 45.55;
9, Danny Brew (Mersey), 42.87;
10, Charles Hogarth (Cleve), 40.28;

Junior Girls 100 metres

Round 1

Heat 1 (+3.1m/s)

1, Lucy Sargent (Essex), 12.37; 2, Verity Collins (Lancs), 12.43; 3, Hayley Jones (Chesh),

Heat 2 (+2.7m/s)

1, Cherelle Jones (Shrop), 12.55; 2, Lauren Arthur (Durham), 12.63; 3, Rachel Harris (Hamp)

Heat 3 (+1.9m/s)

1, Abbi Tyson (Staff), 12.28; 2, Torema Dorsett (Midd), 12.33; 3, Anike Shand-Whittingham

Final

(+1.5m/s)

1, Torema Dorsett (Midd), 12.15;
2, Abbi Tyson (Staff), 12.23;
3, Verity Collins (Lancs), 12.28;
4, Lucy Sargent (Essex), 12.31;
5, Hayley Jones (Chesh), 12.34;
6, Lauren Arthur (Durham), 12.48;
7, Cherelle Jones (Shrop), 12.49;

Junior Girls 200 metres

Round 1

Heat 1 (+1.2m/s)

1, Joey Duck (Nhants), 24.24; 2, Holly Croxford (Hamp), 25.37; 3, Faye Winspear (Cleve), 2

Heat 2 (+2.5m/s)

1, Nicole Sadler (Suff), 25.03; 2, Emily Shaw (Manch), 25.91; 3, Emma Seccombe (Warks), 26

Heat 3 (+1.4m/s)

1, Vicki Shier (Lancs), 25.17; 2, Joanne Caulton (Derby), 25.72; 3, Carmen Gelding (Mersey)

Heat 4 (+3.6m/s)

1, Jazmine Rowe (Staff), 24.78; 2, Laura Gillespy (Lancs), 25.36; 3, Chinedu Monye (Berks)

Round 2

Semi-final A (+2.0m/s)

1, Joey Duck (Nhants), 24.43; 2, Vicki Shier (Lancs), 24.79; 3, Holly Croxford (Hamp), 25.

Semi-final B (+2.0m/s)

1, Nicole Sadler (Suff), 24.83; 2, Jazmine Rowe (Staff), 25.01; 3, Laura Gillespy (Lancs),

Final

(+1.2m/s)

1, Joey Duck (Nhants), 24.06;
2, Vicki Shier (Lancs), 24.42;

3, Nicole Sadler (Suff), 24.62;
4, Jazmine Rowe (Staff), 24.75;
5, Laura Gillespy (Lancs), 24.90;
6, Holly Croxford (Hamp), 25.21;
7, Joanne Caulton (Derby), 25.43;
8, Sarah Schofield (Mersey), 25.60;

Junior Girls 800 metres

Round 1

Heat 1

1, Emily Goodall (Sussex), 2:19.46; 2, Joanne Harvey (Devon), 2:21.86; 3, Lucy Dowsett (Ca

Heat 2

1, Gillian Moss (Norf), 2:19.52; 2, Julia Cooke (Glouc), 2:20.16; 3, Laura Lambert (Chesh)

Heat 3

1, Emma Macalister-Hall (NYork), 2:17.76; 2, Natalie Yates (Notts), 2:17.80; 3, Hannah Sta

Heat 4

1, Ellie McLoughlin (Manch), 2:18.64; 2, Natalie McHale (H&Wor), 2:19.30; 3, Bianca Stock

Final

1, Gillian Moss (Norf), 2:14.14;
2, Emma Macalister-Hall (NYork), 2:15.33;
3, Natalie Yates (Notts), 2:16.20;
4, Ellie McLoughlin (Manch), 2:17.30;
5, Emily Goodall (Sussex), 2:17.60;
6, Julia Cooke (Glouc), 2:17.67;
7, Natalie McHale (H&Wor), 2:18.50;
8, Hannah Stammers (Dorset), 2:24.06;

Junior Girls 1500 metres

Round 1

Heat 1

1, Emily Pidgeon (Glouc), 4:42.3 ; 2, Laura Dowsing (Suff), 4:46.3 ; 3, Stacey Preston (Ha

Heat 2

1, Claire Tarplee (WMid), 4:47.5 ; 2, Danielle Walker (Staff), 4:48.1 ; 3, Emma Pallant (S

Final

1, Emily Pidgeon (Glouc), 4:27.70;
2, Claire Tarplee (WMid), 4:37.26;
3, Laura Dowsing (Suff), 4:39.51;
4, Katie Richardson (Essex), 4:40.42;
5, Danielle Walker (Staff), 4:42.79;
6, Emma Lambourne (Wilts), 4:44.14;
7, Emma Pallant (Surrey), 4:46.97;
8, Laura Bache (WMid), 4:48.45;
9, Stephanie Twell (Surrey), 4:50.03;
10, Stacey Preston (Hamp), 5:05.16;

Junior Girls 75 metres Hurdles

Round 1

Heat 1 (+1.3m/s)

1, Helen Asher (Mersey), 11.24; 2, Lauren Storr (WYork), 11.71; 3, Samantha Coleby (Durhan

Heat 2 (+2.0m/s)

1, Stephanie Brennan (Mersey), 11.40; 2, Karla Drew (Devon), 11.60; 3, Justine Singleton

Heat 3 (+2.1m/s)

1, Nafalya Francis (Warks), 11.32; 2, Sarah Tippet (Suff), 11.55; 3, Beth Heaton (Lancs),

Final

(+1.6m/s)

1, Helen Asher (Mersey), 11.05;
2, Nafalya Francis (Warks), 11.32;
3, Stephanie Brennan (Mersey), 11.37;
4, Lauren Storr (WYork), 11.60;
5, Beth Heaton (Lancs), 11.68;
6, Sarah Tippet (Suff), 11.72;
7, Karla Drew (Devon), 11.86;
8, Justine Singleton (Somer), 11.87;

Junior Girls 4x100 metres Relay

Round 1

Heat 1

1, Kent (Kent), 50.28; 2, South Yorkshire (SYork), 51.32; 3, Berkshire (Berks), 51.71; 4,

Heat 2

1, Lancashire (Lancs), 48.27; 2, Merseyside (Mersey), 49.50; 3, Greater Manchester (Manch)

Heat 3

1, Hampshire (Hamp), 49.80; 2, Durham (Durham), 51.04; 3, Derbyshire (Derby), 51.49; 4, Nc

Final

1, Lancashire (Lancs), 49.13;
2, Merseyside (Mersey), 49.44;
3, Hampshire (Hamp), 50.11;
4, Kent (Kent), 50.27;
5, Greater Manchester (Manch), 50.62;
6, West Yorkshire (WYork), 51.01;
7, South Yorkshire (SYork), 51.31;
8, Durham (Durham), disq;

Junior Girls High Jump

Final

1, Vikki Hubbard (Lincs), 1.70;
2, Anna Welford (NYork), 1.61;
3, Leah Parsons (Camb), 1.61;
4, Helen Banks (SYork), 1.61;
5, Juliet Fielden (Kent), 1.61;
6, Dani Perks (Corn), 1.61;
=, Adele Lassu (SYork), 1.61;
8, Claire O'Reilly (Derby), 1.58;
9, Joanna Lang (Herts), 1.58;
10, Katie Murray (Kent), 1.55;
11, Melanie Davies (Sussex), 1.55;
12, Anna Newton (Hamp), 1.55;
13, Yasmin Okolo (London), 1.52;
=, Amy Pelling (Nhants), 1.52;
15, Rachel Crocker (Avon), 1.52;
16, Lauren Kirton (Nland), 1.52;
=, Amy Richards (Manch), 1.52;
18, Laurie Varrie (Mersey), 1.52;
19, Lucy Hyde (Humb), 1.47;
=, Lindi Smith (Notts), 1.47;
=, Libby Burke (Cumb), 1.47;
22, Kate Kennedy (Bucks), 1.47;

Junior Girls Long Jump

Final

1, Jade Surman (WMid), 5.86 (+3.7);
2, Kim Murray (Hamp), 5.83 (+3.4);
3, Hannah Franckson (Essex), 5.64 (+2.4);
4, Emily Martin (London), 5.57 (+2.0);
5, Alice Simpson (WYork), 5.45 (+4.1);
6, Alexandra Russell (Mersey), 5.40 (+1.2);
7, Ashley Little (WYork), 5.18 (+4.7);
8, Chioma Chilaka (Leics), 5.14 (+3.2);
9, Tamara Longwe (Leics), 5.04 (+3.6);
10, Kineta Kelsall (Durham), 5.00 (+3.4);
11, Stephanie Lamb (Durham), 4.99 (+2.6);
12, Eleanor Markendale (Lancs), 4.98 (+1.5);
13, Jade Castell-Thomas (London), 4.91 (+3.9);
14, Natalie Betts (Hamp), 4.89 (+4.7);
15, Sarah Warsop (Dorset), 4.86 (+5.5);
16, Stephanie Le Cornu (ChIs), 4.80 (+1.9);
17, Rebecca Gwynne-Jones (Somer), 4.67 (+4.9);
18, Justine Rowsell (Berks), 4.64 (+3.0);
19, Leanne Spooner (SYork), 4.63 (+3.2);
20, Chantal Afolawo (Derby), 4.61 (+3.3);
21, Abigail Munks (Notts), 4.56 (+3.2);
22, Corrine Holton (Notts), 4.52 (+4.5);
23, Rebecca Hickson (SYork), 4.50 (+5.2);

Junior Girls Shot

Final

1, Liz Millward (Staff), 13.21;

2, Eden Francis (Leics), 13.19;
3, Rebecca Hall (Lincs), 12.10;
4, Nicola McSweeney (Bucks), 11.84;
5, Lizzy Yarnold (Kent), 11.60;
6, Kirsty Hutton (Durham), 11.35;
7, Finesse Thompson (Essex), 11.10;
8, Louise Burton (Chesh), 10.76;
9, Kayleigh Pybus (Herts), 10.74;
10, Suzie Scott (WMid), 10.31;
11, Katy Wilson (Durham), 10.17;
12, Kashmere Joseph (London), 10.13;
13, Shereem Nicholson (Midd), 10.04;
14, Sophie Thomas (Hamp), 9.92;
15, Paula Robinson (Humb), 9.76;
16, Emma Pattison (Lincs), 9.70;
17, Stephanie O (Corn), 9.58;
18, Isobel Retberg (Lincs), 9.46;
19, Amy Mulley (Surrey), 9.23;
20, Lucy Underdown (Kent), 9.16;
21, Briony Phillips (London), 9.13;
22, Shalaner Anderson (WMid), 8.84;
23, Amy Hill (SYork), 8.35;
24, Kate Heller (Corn), 8.12;

Junior Girls Discus

Final

1, Ashley Maddison (Durham), 35.65;
2, Jenny Dunford (Warks), 34.40;
3, Florence Clark (Kent), 32.31;
4, Rachel Backhouse (Nhants), 31.11;
5, Shawnagh Brown (London), 30.20;
6, Rebecca Duquemin (ChIs), 27.48;
7, Jenifer Grills (Devon), 25.28;
8, Georgina Ablett (NYork), 24.95;
9, Jennifer Sansom (Devon), 24.20;
10, Ruth Willis (Chesh), 21.19;
11, Alex Gillam (Norf), 17.85;

Junior Girls Javelin

Final

1, Lucy Boggis (Oxford), ;
2, Amy Peacock (Oxford), ;
3, Kimberley Eke (Devon), ;
=, Charlotte Halford (Chesh), ;
=, Rebecca Birch (SYork), ;
=, Rebecca Slater (ChIs), ;
=, Josephine Wray (Suff), ;
=, Laura Carr (Dorset), ;
=, Louise Lockwood (Essex), ;
=, Rachelle Brace (Kent), ;
=, Nelia Bekker (Kent), ;
=, Danielle McGilvray (NYork), ;
13, Rachel Fleary (Cumb), ;

Inter Girls 100 metres

Round 1

Heat 1 (+4.4m/s)

1, Natalie Bartley (London), 12.09; 2, Kylie Russell (Avon), 12.40; 3, Sophie De La Hunt (I

Heat 2 (+4.2m/s)

1, Emma Wilson (Midd), 12.24; 2, Deandra Smith (Herts), 12.29; 3, Fern Parker (Hamp), 12.3

Heat 3 (+4.7m/s)

1, Joscelynn Hopeson (Surrey), 11.77; 2, Natalie Jowett (Nhants), 12.05; 3, Tanya Hinds (I

Final

(+1.5m/s)

1, Joscelynn Hopeson (Surrey), 11.93;
2, Natalie Jowett (Nhants), 12.14;
3, Natalie Bartley (London), 12.15;
4, Emma Wilson (Midd), 12.34;

5, Tanya Hinds (Leics), 12.38;
6, Fern Parker (Hamp), 12.39;
7, Deandra Smith (Herts), 12.39;
8, Kylie Russell (Avon), 12.53;
9, Nimneh Hyde (H&Wor), 12.65;

Inter Girls 200 metres

Round 1

Heat 1 (+2.5m/s)

1, Nikysha Ferguson (Manch), 24.78; 2, Shelley Fielding (Wilts), 25.33; 3, Michelle Nash-C

Heat 2 (+2.2m/s)

1, Lia Tappin (Herts), 24.61; 2, Donna Walker (London), 24.67; 3, Louise Dickinson (Lancs)

Heat 3 (+1.2m/s)

1, Kelly Roomes (Kent), 24.72; 2, Helen Jennings (Humb), 24.93; 3, Toks Hassan (London), 2

Final

(+1.4m/s)

1, Lia Tappin (Herts), 24.63;
2, Kelly Roomes (Kent), 24.75;
3, Nikysha Ferguson (Manch), 24.76;
4, Helen Jennings (Humb), 24.90;
5, Donna Walker (London), 25.01;
6, Louise Dickinson (Lancs), 25.34;
7, Shelley Fielding (Wilts), 25.49;
8, Toks Hassan (London), 25.58;

Inter Girls 300 metres

Round 1

Heat 1

1, Tara Bird (Essex), 40.4 ; 2, Sophie Mabbett (Berks), 41.0 ; 3, Hayley Gadsby (Derby), 4

Heat 2

1, Holly Barlow (WMid), 40.70; 2, Ella Kempster (Essex), 41.00; 3, Holly Gray (Notts), 41.

Heat 3

1, Joanne Ryan (Essex), 40.70; 2, Sarah Harris (Surrey), 41.20; 3, Joedy Platt (Devon), 41

Heat 4

1, Henrietta Kodilinye-Sims (Glouc), 40.40; 2, Nicola Bentley (Manch), 40.50; 3, Sonia Hoc

Round 2

Semi-final A

1, Tara Bird (Essex), 39.82; 2, Holly Barlow (WMid), 40.12; 3, Sonia Hodgkinson (Lancs), 4

Semi-final B

1, Ella Kempster (Essex), 40.51; 2, Henrietta Kodilinye-Sims (Glouc), 40.63; 3, Nicola Ber

Final

1, Tara Bird (Essex), 38.98;
2, Holly Barlow (WMid), 39.40;
3, Ella Kempster (Essex), 39.73;
4, Sonia Hodgkinson (Lancs), 39.87;
5, Henrietta Kodilinye-Sims (Glouc), 39.93;
6, Holly Gray (Notts), 40.61;
7, Joedy Platt (Devon), 40.62;

Inter Girls 800 metres

Round 1

Heat 1

1, Sara Luck (Essex), 2:20.74; 2, Carolyn Plateau (Oxford), 2:20.79; 3, Abby Westley (SYor

Heat 2

1, Nikki Hamblin (Dorset), 2:18.16; 2, Lauren Cunningham (Herts), 2:18.94; 3, Caroline Dav

Heat 3

1, Emma Jackson (Staff), 2:18.63; 2, Laura Kirk (WYork), 2:18.75; 3, Linzi Snow (Essex), 2

Heat 4

1, Samantha Hart (Cleve), 2:16.60; 2, Stacey Johnson (Staff), 2:16.89; 3, Justine Kinney

Round 2

Semi-final A

1, Emma Jackson (Staff), 2:14.23; 2, Nikki Hamblin (Dorset), 2:14.25; 3, Abby Westley (SYc

Semi-final B

1, Justine Kinney (WMid), 2:13.31; 2, Carolyn Plateau (Oxford), 2:13.49; 3, Laura Kirk (W)

Final

1, Nikki Hamblin (Dorset), 2:10.28;
2, Emma Jackson (Staff), 2:10.65;
3, Carolyn Plateau (Oxford), 2:11.14;

4, Laura Kirk (WYork), 2:12.05;
5, Sara Luck (Essex), 2:12.24;
6, Stacey Johnson (Staff), 2:15.33;
7, Justine Kinney (WMid), 2:19.86;
8, Abby Westley (SYork), ;

Inter Girls 1500 metres

Round 1

Heat 1

1, Megan Foley (Essex), 4:41.89; 2, Claire McMurdock (Manch), 4:42.10; 3, Kirsty Law (H&Wc
Heat 2

1, Hannah England (Oxford), 4:42.76; 2, Stephanie Wilson (Bucks), 4:42.82; 3, Danielle Chr
Final

1, Stephanie Wilson (Bucks), 4:28.19;
2, Hannah England (Oxford), 4:28.70;
3, Danielle Christmas (Surrey), 4:29.72;
4, Megan Foley (Essex), 4:30.43;
5, Catherine Conway (Essex), 4:35.43;
6, Kirsty Law (H&Wor), 4:35.83;
7, Stephanie Barnes (Avon), 4:36.65;
8, Jo Harper (Staff), 4:37.88;
9, Claire McMurdock (Manch), 4:43.59;
10, Louise Durman (Glouc), 4:44.80;

Inter Girls 3000 metres

Final

1, Nicola Sykes (Beds), 10:07.65;
2, Jo Callaway (Staff), 10:09.13;
3, Sarah Ponsford (Wilts), 10:09.54;
4, Sian Bentley (Herts), 10:11.00;
5, Charlie Gaspar (Bucks), 10:14.40;
6, Becky Ellis (Chesh), 10:16.66;
7, India Lee (Hamp), 10:18.42;
8, Leonie Smith (Surrey), 10:19.07;
9, Lucy Bowers (Hamp), 10:22.82;
10, Emily Collinge (Notts), 10:33.37;
11, Sara Bird (Suff), 10:35.85;
12, Merry Ferrier (Nland), 10:39.12;
13, Julia Orr (Durham), 10:39.15;
14, Sarah Tedd (Wilts), 10:45.90;

Inter Girls 80 metres Hurdles

Round 1

Heat 1 (+2.0m/s)

1, Kylie Robilliard (ChIs), 11.35; 2, Zara Hohn (SYork), 11.64; 3, Samantha Britton (Derby
Heat 2 (+1.6m/s)

1, Chloe Van Wulven (Essex), 11.36; 2, Harriet Robinson (London), 11.48; 3, Victoria Garra
Heat 3 (+1.7m/s)

1, Christine Waters (Mersey), 11.73; 2, Kim Brown (Leics), 11.95; 3, Clare Cooper (Kent),
Final

1, Kylie Robilliard (ChIs), 11.22;
2, Chloe Van Wulven (Essex), 11.37;
3, Harriet Robinson (London), 11.38;
4, Zara Hohn (SYork), 11.44;
5, Victoria Garrad (Mersey), 11.59;
6, Christine Waters (Mersey), 11.62;
7, Samantha Britton (Derby), 11.81;
8, Kim Brown (Leics), 12.45;

Inter Girls 300 metres Hurdles

Round 1

Heat 1

1, Cara Pain (Sussex), 44.84; 2, Lauren Rowe (Chesh), 46.17; 3, Tahlia Gray (Essex), 46.22
Heat 2

1, Ellen Howarth-Brown (Sussex), 44.16; 2, Naomi Hutchings (Devon), 45.08; 3, Rebecca Long
Heat 3

1, Natasha Clementis (Surrey), 45.59; 2, Emily Bonnett (Somer), 45.60; 3, Cherri Morrison
Final

1, Ellen Howarth-Brown (Sussex), 43.07;
2, Cara Pain (Sussex), 43.41;
3, Naomi Hutchings (Devon), 43.56;
4, Natasha Clementis (Surrey), 44.58;
5, Emily Bonnett (Somer), 45.00;
6, Rebecca Long (WYork), 45.15;
7, Lauren Rowe (Chesh), 46.16;
8, Cherri Morrison (Manch), 46.93;

Inter Girls 4x100 metres Relay

Round 1

Heat 1

1, North Yorkshire (NYork), 49.34; 2, Hertfordshire (Herts), 49.77; 3, Devon (Devon), 49.8

Heat 2

1, London (London), 48.11; 2, Essex (Essex), 48.62; 3, Wiltshire (Wilts), 49.43; 4, Suffol

Heat 3

1, Avon (Avon), 49.08; 2, Leicestershire & Rutland (Leics), 49.44; 3, Kent (Kent), 49.77;

Heat 4

1, Surrey (Surrey), 48.69; 2, Berkshire (Berks), 50.09; 3, Cheshire (Chesh), 52.01; 4, Der

Final

1, Surrey (Surrey), 47.87;
2, London (London), 48.05;
3, Hertfordshire (Herts), 48.55;
4, Leicestershire & Rutland (Leics), 48.95;
5, Avon (Avon), 49.00;
6, Essex (Essex), 49.11;
7, North Yorkshire (NYork), 49.20;
8, Wiltshire (Wilts), 50.08;

Inter Girls High Jump

Final

1, Shani Rainford (London), 1.71;
2, Sarah Fielding-Smith (Sussex), 1.68;
3, Rachel Howard (Derby), 1.65;
4, Lauren Ambrose (Beds), 1.65;
5, Sophie Hine (Warks), 1.65;
6, Jennifer Lumley (NYork), 1.62;
7, Sam Maloney (Manch), 1.59;
=, Sarah Allison (Cumb), 1.59;
9, Tiffeny Lyons (WYork), 1.59;
=, Celia Dupont (Norf), 1.59;
11, Lucy Hodgins (Bucks), 1.59;
12, Claire Huck (Cumb), 1.59;
=, Jessica Horler (SYork), 1.59;
=, Sarah Lawrenson (Lancs), 1.59;
15, Charis O'Connor (Surrey), 1.59;
16, Katie Brinkley (Suff), 1.54;
17, Lucy McManus (Surrey), 1.54;
18, Natasha Speight (Notts), 1.49;
=, Amy Grainger (Derby), 1.49;
20, Sarah Devoy (Chesh), 1.49;
21, Gemma Eastman (Dorset), 1.49;

Inter Girls Long Jump

Final

1, Amy Harris (WMid), 6.03 (+2.1);
2, Dominique Blaize (Surrey), 5.69 (+2.1);
3, Aimee Palmer (Staff), 5.63 (+1.9);
4, Rebekah Passley (London), 5.58 (+1.9);
5, Rachel Abbs (Durham), 5.55 (+3.4);
6, Gemma Weetman (Shrop), 5.49 (+3.9);
7, Amanda Fletcher (Leics), 5.45 (+4.00);
8, Ellyse Maddocks (Notts), 5.41 (+4.2);
9, Janine McCormack (Devon), 5.32 (+2.3);
10, Fiona Drysdale (Manch), 5.24 (+2.1);
11, Lanre Atijosan (London), 5.21 (+2.3);
12, Rosemary Huntriss (Chesh), 5.19 (+2.4);
13, Claire Linskill (Devon), 5.17 (+2.4);

14, Danae Matthew (Leics), 5.17 (+4.0);
15, Stephanie Madgett (Berks), 5.16 (+3.1);
16, Naida Bromley (WYork), 5.14 (+3.3);
17, Lauren Walton (Surrey), 5.00 (+3.3);
18, Hannah Gibbs (Wilts), 4.96 (+1.5);
19, Jo Hackney (NYork), 4.88 (+2.3);

Inter Girls Triple Jump

Final

1, Yassmine Regis-Moses (Midd), 11.95 (+1.9);
2, Anna Kelly (Shrop), 11.77 (+3.4);
3, Claire Wait (Shrop), 11.53 (+1.9);
4, Tanine Nicholas (Midd), 11.47 (+2.2);
5, Ruth Hatch (Surrey), 11.30 (+2.6);
6, Emma Lyons (Derby), 11.29 (+4.2);
7, Saskia Kalmeijer (Oxford), 11.23 (+2.5);
8, Abby Clark (Surrey), 11.23 (+2.8);
9, Emma Moutrie (WYork), 11.07 (+3.2);
10, Kirsty Smith (Essex), 11.07 (+1.3);
11, Kamela Monks (ChIs), 10.94 (+2.2);
12, Tania Spurling (Suff), 10.92 (+2.7);
13, Heather Grewcock (Leics), 10.76 (+2.5);
14, Chloe Hurley-Gale (Kent), 10.75 (+3.3);
15, Michelle Harrison (Derby), 10.70 (+2.2);
16, Leah Simmons (NYork), 10.63 (+4.3);
17, Claire Graham (Leics), 10.58 (+2.6);
18, Sineade Gutzmore (London), 10.44 (+3.4);
19, Leonie Watts (Somer), 10.31 (+2.0);
20, Phoebe Bointon (Devon), 10.27 (+4.8);

Inter Girls Pole Vault

Final

1, Hanah Olson (Kent), 3.65;
2, Kimberley Smith (WMid), 3.25;
3, Rebecca Lilley (H&Wor), 3.05;
4, Caitlin Dutton (Notts), 2.95;
5, Judith Kay (Dorset), 2.95;
6, Holly Weaver (Sussex), 2.85;
7, Bryony Gibbens (Bucks), 2.70;
8, Amy Teasdale (WYork), 2.70;
9, Tanya Bromilow (Beds), 2.55;

Inter Girls Shot

Final

1, Chloe Edwards (Camb), 12.11;
2, Kayleigh Southgate (Norf), 11.04;
3, Candee Rhule (London), 10.80;
4, Laura Gomery (WMid), 10.65;
5, Laura Shirley (Essex), 10.57;
6, Tolani Agoro (London), 10.51;
7, Rachel Gray (Hamp), 10.49;
8, Rachel Cork (Dorset), 10.39;
9, Laura Booth (SYork), 9.97;
10, Jessica Mole (Essex), 9.80;
11, Suzie Dudley (Bucks), 9.27;

Inter Girls Discus

Final

1, Rebecca Saunders (Kent), 41.76;
2, Lynsey Clark (Essex), 40.90;
3, Chloe Beckett (WYork), 40.34;
4, Gemma Llewellyn (Mersey), 39.75;
5, Ruth Hay (Nhants), 39.32;
6, Christina Carding (Hamp), 39.15;
7, Dominique Lord (Oxford), 38.11;
8, Amy Fawcett (NYork), 37.01;
9, Amy Howard (WYork), 36.34;
10, Lianne Tucker (Durham), 35.95;

11, Amber Spencer (Hamp), 34.20;
12, Emma Shaw (NYork), 33.73;
13, Hannah James (Sussex), 33.63;
14, Claire Lyne-Ley (Devon), 33.18;
15, Bethany Staniland (WYork), 30.22;

Inter Girls Javelin

Final

1, Hayley Thomas (Essex), 43.37;
2, Louise Watton (Dorset), 41.05;
3, Laura Scott (Derby), 39.28;
4, Lisa Edwards (Devon), 37.38;
5, Rosie Semenytysh (Berks), 37.24;
6, Sarah Dunkley (Camb), 37.18;
7, Stephanie Ashmore (WMid), 37.04;
8, Carly Smith (Chesh), 35.06;
9, Sophie Wood (Manch), 32.19;
10, Katie Bennett (Notts), 31.95;
11, Emma Shillito (NYork), 31.68;
12, Courteney Goldsborough (Derby), 30.53;
13, Janine Mullineux (Manch), 30.09;
14, Hayley Crosswell (Sussex), 29.93;
15, Nicola McAuley (Mersey), 29.43;

Inter Girls Hammer

Final

1, Anna Johnson (Manch), 45.17;
2, Sarah Holt (WYork), 44.89;
3, Catherine Marvin (Hamp), 39.91;
4, Claire Phillips (Midd), 38.70;
5, Rachel Gair (Notts), 37.44;
6, Victoria Thomas (Kent), 37.10;
7, Monique Buchanan (Essex), 34.71;
8, Helen Gibbens (Bucks), 34.48;
9, Skye McGuigan (Midd), 31.12;
=, Kate Gillett (Surrey), 31.12;

Senior Girls 100 metres

Round 1

Heat 1 (+2.5m/s)

1, Amala Onuora (Sussex), 11.89; 2, Nicole McDermott (Bucks), 12.00; 3, Montell Douglas (E

Heat 2 (+0.7m/s)

1, Louisa Wells (Suff), 12.28; 2, Kimberley Velvick (Kent), 12.29; 3, Sally Irwin (Berks),

Final

(+1.3m/s)

1, Nicole McDermott (Bucks), 11.93;
2, Amala Onuora (Sussex), 12.06;
3, Louise Hazel (Camb), 12.18;
4, Montell Douglas (Kent), 12.18;
5, Louisa Wells (Suff), 12.37;
6, Sally Irwin (Berks), 12.39;
7, Kimberley Velvick (Kent), 12.44;
8, Kay Sheedy (Lancs), 12.57;

Senior Girls 200 metres

Final

(+1.4m/s)

1, Katherine Jones (Staff), 24.25;
2, Vicki Cooney (Surrey), 24.50;
3, Katie Flaherty (Essex), 24.52;
4, Titi Ameobi (Nland), 24.56;
5, Amy Dowsett (Surrey), 25.01;
6, Shereen Charles (London), 25.34;
7, Vicky Carmichael (Nland), 25.55;

Senior Girls 400 metres

Round 1

Heat 1

1, Vicky Griffiths (Mersey), 56.65; 2, Kim Wainwright (SYork), 58.06; 3, Claire Warmington
Heat 2

1, Leah Caddick (Mersey), 58.29; 2, Sarah Shuttleworth (Somer), 58.41; 3, Danielle Marsh
Heat 3

1, Charlotte Best (Surrey), 57.34; 2, Jenny Christie (Warks), 57.79; 3, Liza Parry (WMid),
Heat 4

1, Lucy Sings (Devon), 57.87; 2, Natalie Plateau (Oxford), 58.26; 3, Lucy Aukett (Sussex),
Round 2

Semi-final A

1, Vicky Griffiths (Mersey), 56.66; 2, Lucy Sings (Devon), 57.44; 3, Kim Wainwright (SYork)
Semi-final B

1, Charlotte Best (Surrey), 56.90; 2, Natalie Plateau (Oxford), 57.09; 3, Leah Caddick (Me
Final

1, Charlotte Best (Surrey), 55.14;
2, Vicky Griffiths (Mersey), 55.37;
3, Natalie Plateau (Oxford), 56.34;
4, Lucy Sings (Devon), 57.10;
5, Leah Caddick (Mersey), 57.22;
6, Sarah Shuttleworth (Somer), 57.32;
7, Kim Wainwright (SYork), 57.74;
8, Claire Warmington (Manch), 57.88;

Senior Girls 800 metres

Round 1

Heat 1

1, Philippa Aukett (Sussex), 2:22.39; 2, Beth Carter (Chesh), 2:22.45; 3, Michaela Hutchis
Heat 2

1, Hayley Beard (Herts), 2:19.14; 2, Kate Buchan (Kent), 2:19.42; 3, Danni Barnes (Devon),
Final

1, Danni Barnes (Devon), 2:05.18;
2, Hayley Beard (Herts), 2:05.39;
3, Michaela Hutchison (Herts), 2:09.23;
4, Kate Buchan (Kent), 2:11.95;
5, Philippa Aukett (Sussex), 2:13.63;
6, Beth Carter (Chesh), 2:13.88;
7, Caroline Nelson (Manch), 2:16.23;
8, Helen Glover (Somer), 2:22.63;

Senior Girls 1500 metres

Final

1, Katrina Wootton (Beds), 4:32.41;
2, Susie Hignett (Hamp), 4:34.22;
3, Isabelle Stoaate (Devon), 4:35.59;
4, Lauren Reynolds (Camb), 4:37.78;
5, Vicky Callaway (Staff), 4:39.91;
6, Sarah Holah (WYork), 4:42.89;
7, Rachel Deegan (Manch), 4:45.21;
8, Eloise Pittwood (Devon), 4:49.20;
9, Josephine Rhodes (Oxford), 4:58.61;
10, Shavaun Henry (London), 5:05.10;

Senior Girls 3000 metres

Final

1, Laura Kenney (WMid), 9:31.68;
2, Rachael Nathan (Lincs), 9:39.34;
3, Claire Holme (Suff), 9:54.91;
4, Genevieve Gardner (Surrey), 9:58.85;
5, Lorna Vyse (Surrey), 10:00.78;
6, Chloe Wilkinson (Herts), 10:05.43;
7, Jennifer Pereira (Kent), 10:08.02;
8, Gemma Turtle (Bucks), 10:10.47;
9, Becky Sanders (WMid), 10:12.32;
10, Danielle Cross (Corn), 10:21.83;
11, Alison Bellars (Norf), 10:42.58;
12, Laura Bestow (Chesh), 10:45.19;
13, Keira Vogel (Mersey), ;

Senior Girls 100 metres Hurdles

Round 1

Heat 1 (+3.1m/s)

1, Sharon Walls (Manch), 14.12; 2, Channelle Garnett (London), 14.47; 3, Angelita Broadbel

Heat 2 (+1.5m/s)

1, Hannah Elwiss (Lancs), 14.31; 2, Katey Read (Chesh), 14.48; 3, Catherine Holdsworth (Es

Final

(+2.9m/s)

1, Sharon Walls (Manch), 13.97;

2, Hannah Elwiss (Lancs), 14.13;

3, Katey Read (Chesh), 14.36;

4, Catherine Holdsworth (Essex), 14.39;

5, Angelita Broadbelt (Surrey), 14.46;

6, Lisa McManus (Leics), 14.87;

7, Danielle Fawkes (Cumb), 15.00;

8, Channelle Garnett (London), 17.68;

Senior Girls 400 metres Hurdles

Final

1, Melanie Canning (Midd), 61.29;

2, Justine Roach (Leics), 61.44;

3, Maria Garavand (Norf), 61.88;

4, Gemma Collier (Somer), 63.13;

5, Natalie Hooper (WMid), 64.69;

6, Sian Davies (WMid), 65.57;

7, Kathryn Perry (Notts), 66.00;

8, Carly Dean (Dorset), 68.11;

Senior Girls 4x100 metres Relay

Round 1

Heat 1

Heat 2

Final

1, Surrey (Surrey), 47.53;

2, Lancashire (Lancs), 48.88;

3, Leicestershire & Rutland (Leics), 49.18;

4, West Midlands (WMid), 49.38;

5, Greater Manchester (Manch), 50.25;

6, Buckinghamshire (Bucks), 50.35;

7, Sussex (Sussex), 50.80;

8, Hampshire (Hamp), 52.65;

Senior Girls High Jump

Final

1, Elizabeth Sweeney (Mersey), 1.72;

2, Laura Jarvis (NYork), 1.69;

3, Emma Morris (Durham), 1.66;

4, Nadine Simpson (Herts), 1.66;

5, Juliet Fullwood (Lincs), 1.63;

Senior Girls Long Jump

Final

1, Louise Bloor (SYork), 5.83 (+2.9);

2, Katy Benneworth (Kent), 5.73 (+3.8);

3, Imogen Miles (Oxford), 5.62 (+1.4);

4, Amy Woodman (Avon), 5.57 (+3.0);

5, Cara Roberts (Dorset), 5.45 (+1.5);

6, Laura Reed (Avon), 5.40 (+2.9);

7, Ellie Darby (WMid), 5.34 (+2.4);

8, Ruth Laybourn (WYork), 5.25 (+1.5);

Senior Girls Triple Jump

Final

1, Alison McAllister (WMid), 13.06 (+3.8);

2, Emily Parker (Surrey), 12.65 (+3.2);

3, Sandra Alaneme (Kent), 12.55 (+0.9);

4, Rachel Brenton (Oxford), 11.64 (+4.1);

5, Angela Barrett (Herts), 11.51 (+1.8);
6, Emma Perkins (Sussex), 11.41 (+3.5);
7, Carly Palmer (Bucks), 11.32 (+4.8);
8, Shelley Revitt (Leics), 11.26 (+3.5);
9, Emma Wooff (Manch), 11.18 (+3.4);
10, Lucy Rose (Avon), 11.06 (+2.3);
11, Nia Nwidobie (Lancs), 11.05 (+3.3);
12, Kosnatu Abdulai (Herts), 11.03 (+2.4);
13, Vicky Lambert (WYork), 10.82 (+4.2);

Senior Girls Pole Vault

Final

1, Natalie Olson (Kent), 3.65;
2, Rachel Gibbens (Bucks), 3.55;
3, Claire Neve (Chesh), 3.45;
4, Samantha Harrison (Leics), 2.70;

Senior Girls Shot

Final

1, Debbie Collinson (Humb), 11.63;
2, Hayley Bryan (Devon), 11.48;
3, Katherine Newton (Derby), 11.38;
4, Lucy Sutton (Oxford), 10.72;
5, Mercedes Foy (Essex), 10.64;
6, Sarah Galloway (Hamp), 10.49;
7, Nicola Gore (Chesh), 10.20;
8, Rachel Bashforth (Lancs), 9.91;
9, Jess Weir (Wilts), 9.55;

Senior Girls Discus

Final

1, Ellisha Dee (Midd), 43.39;
2, Laura Fox (Kent), 41.90;
3, Hollie Redman (Essex), 39.06;
4, Melanie Harrison (Essex), 37.67;
5, Lisa Rigby (Devon), 36.46;
6, Fallon Harrison (Derby), 30.65;

Senior Girls Javelin

Final

1, Jo Blair (Warks), 45.53;
2, Helen Mounteney (Leics), 44.47;
3, Becky Bartlett (Shrop), 44.19;
4, Joanna Chapman (Suff), 40.64;
5, Anna Price (WMid), 40.29;
6, Christine Lawrence (Kent), 40.22;
7, Laura Whittingham (SYork), 37.53;
8, Elizabeth Dunn (Camb), 36.61;
9, Eloise Manger (Lancs), 34.67;
10, Venesha Ellis (Surrey), 34.63;

Senior Girls Hammer

Final

1, Samantha Hynes (Midd), 48.30;
2, Helen Ephgrave (Surrey), 44.95;
3, Jenna Lander (Staff), 44.54;
4, Elizabeth Edwards (Camb), 43.08;
5, Ella Teasdale (WYork), 41.59;
6, Amy Church (Hamp), 41.32;
7, Suzanne Frost (Devon), 40.26;
8, Sarah Drake (WYork), 39.35;
9, Sarah Dobriskey (Kent), 39.10;
10, Emma Foster (Durham), 36.69;
11, Helen Arbuthnott (Dorset), 34.70;